



Brazil

Boccia Workshop

Boccia Instruction



Medal Ranking in Paralympic

Rank	Country	Gold	Silver	Bronze	Total
1	Korea	9	5	6	20
2	Portugal	8	10	8	26
3	Brasil	6	1	2	9
4	Spain	5	7	7	19
5	Great Britain	4	5	3	12
6	Thailand	4	1	3	8
7	Hongkong	4	1		5
8	Ireland	3	1	2	6
9	USA	2	2	3	7
10	Canada	1	2	5	8

Medal Ranking in Paralympic

11	Denmark	1	3	2	6
12	Greece	1	2	1	4
13	Slovakia	1	1		2
14	China		3	1	4
15	Norway		1	1	2
15	Czech Republic		1	1	2
17	Newzeland		1		1
17	Netherland		1		1
17	Japan		1		1
20	Belgium			2	2
21	Australia			1	1
21	Hungary			1	1

The number of countries that won a medal in Paralympic is just **22**.

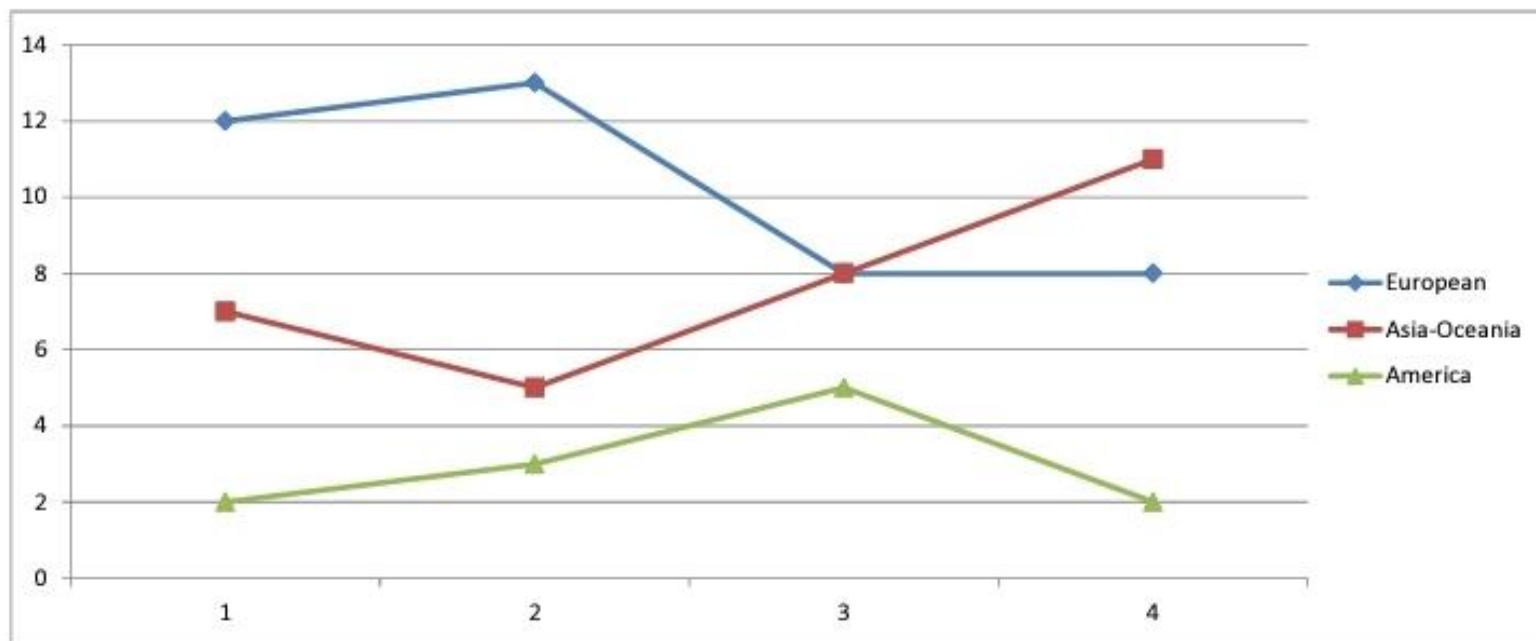
Paralympic Boccia Result (1984 ~ 2016)

Continent	Gold	Silver	Bronze	Sum	Medal share
European	23	32	28	83	56.5%
Asia-Oceania	17	12	11	40	27.2%
Ameria	9	5	10	24	16.3%

Paralympic Boccia Result (2004 ~ 2016)

Continent	Gold	Silver	Bronze	Sum	Medal share
European	8	18	16	42	50.0%
Asia-Oceania	13	9	8	30	35.7%
Ameria	7	1	4	12	14.3%

Continent	2004 Athene PG	2008 Beijing PG	2012 London PG	2016 Rio PG
European	12	13	8	8
Asia-Oceania	7	5	8	11
America	2	3	5	2



Boccia Multi Medalist in Paralympic

(1984 Stoke Manderville & New York PG ~ 2016 Rio PG)

Rank	Name	Country	Class	Gender	Gold	Silver	Bronze	Total
1	Dirceu Jose Pinto	Brasil	BC4	M	4	1		5
2	Antonio Cid	Spain	BC1	M	3	2	1	6
3	Jose Macedo	Portugal	BC3	M	3	1	2	6
4	Yuk Wing Leung	Hongkong	BC4	M	3	1		4
4	Joao Paulo Fernandes	Portugal	BC1	M	3	1		4
6	Pattaya Tadtong	Thailand	BC1	M	3			3
6	Watchrapon Vongsa	Thailand	BC2	M	3			3
8	Antonio Marques	Portugal	BC1	M	2	3	2	7
9	HoWon Jeong	Korea	BC3	M	2	2	1	5
10	JinWoo Lee	Korea	BC2	M	2	2		4








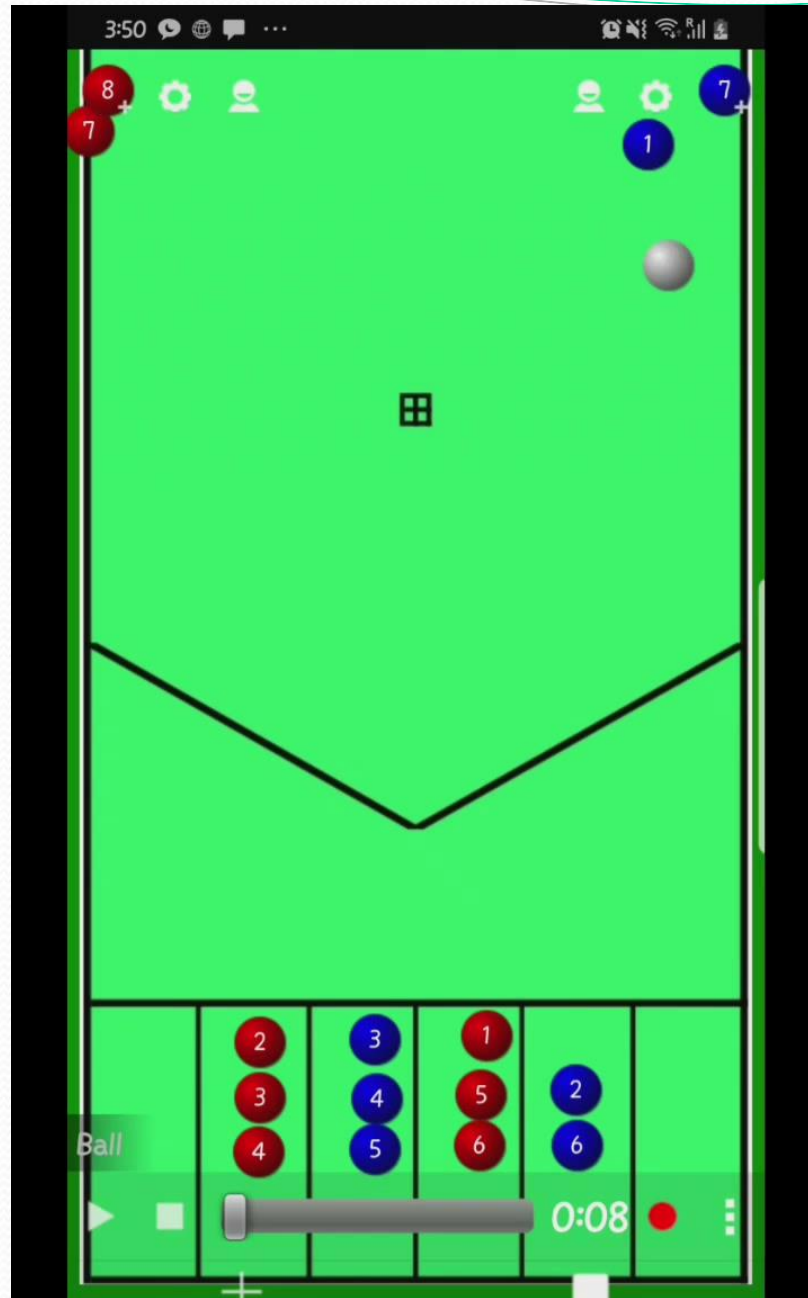


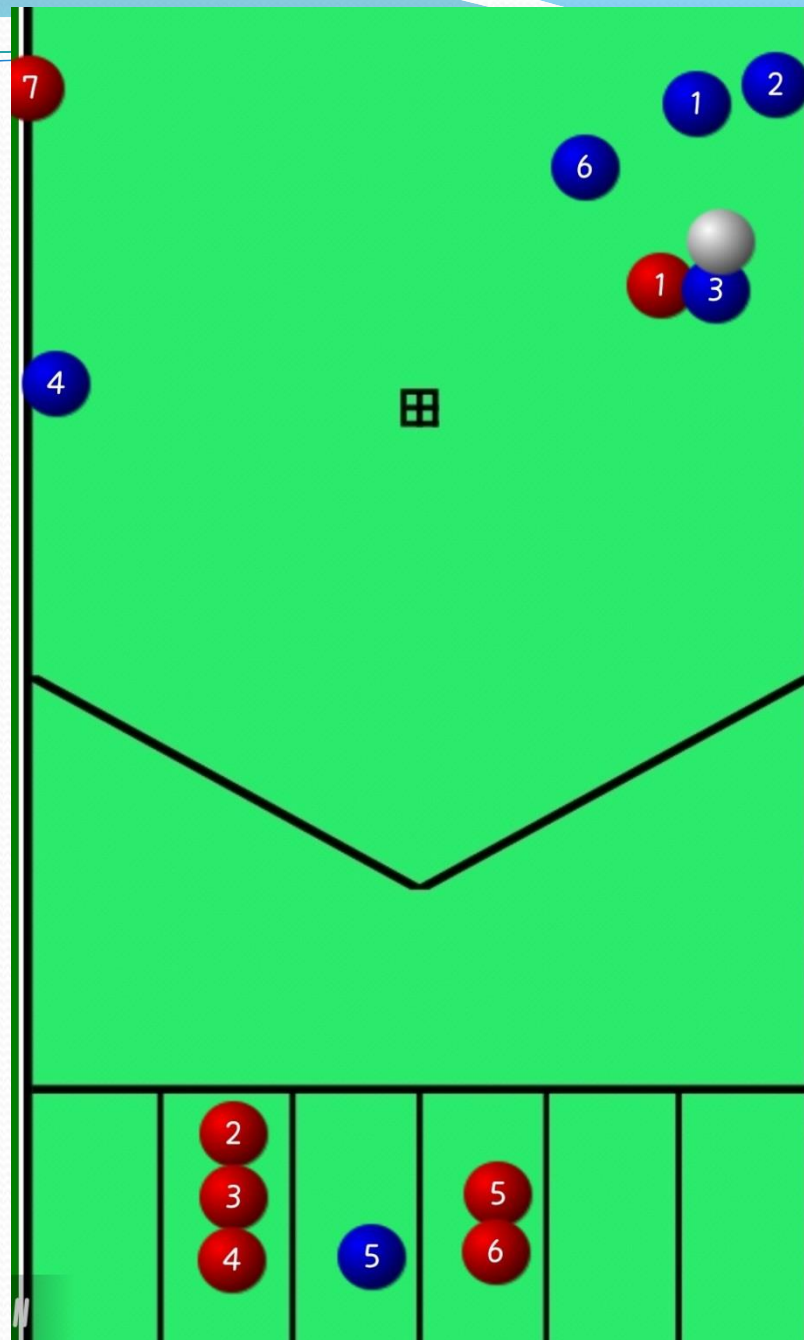




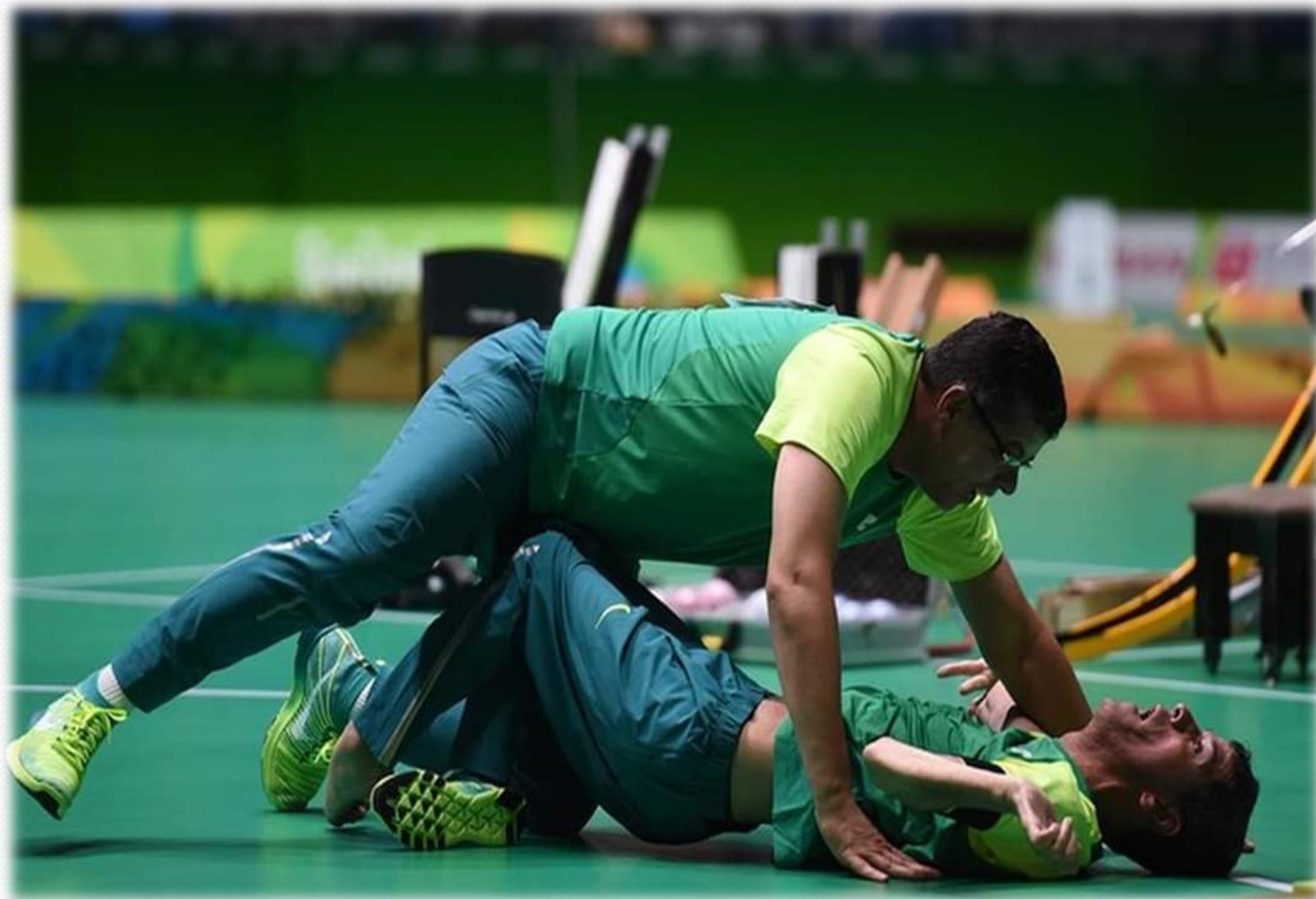
**We have won all Gold medals
at the all competition
from 2013 to 2016.**

**We never doubted
BC3 Pairs Gold medal
in Rio PG**











Boccia Workshop

Year	Country
2014	Japan Boccia Workshop
2018	Taiwan Boccia Workshop
	Czech/Slovakia Boccia Workshop
	Poland Boccia Workshop
2019	Singapore Boccia Workshop
	Malaysia Boccia Workshop
	Spain Boccia Workshop
	Brazil Boccia Workshop

First Japanese Paralympic BC3 Participant Takahashi, Kazuki



BISFed 2019 Guangzhou Boccia RO

Chinese Taipei BC3 Pairs Gold Medal

Singapore BC3 Pairs Silver Medal



BISFed 2019 Montreal Boccia WO Poland BC3 Pairs Gold Medal



Oldest BC3 Assistant, 84 years Old



BISFed 2019 Montreal Boccia WO Czech BC3 Individual Gold Medal





Which factors make our Boccia so unique among many sports?

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--	--	--

--	--	--

Scoring System

Moveable
Target

Dynamic
ups and downs
Concentration
Mental Power

Tactics Sport

So many
Correct Answer

Creativity

Using own Equipment

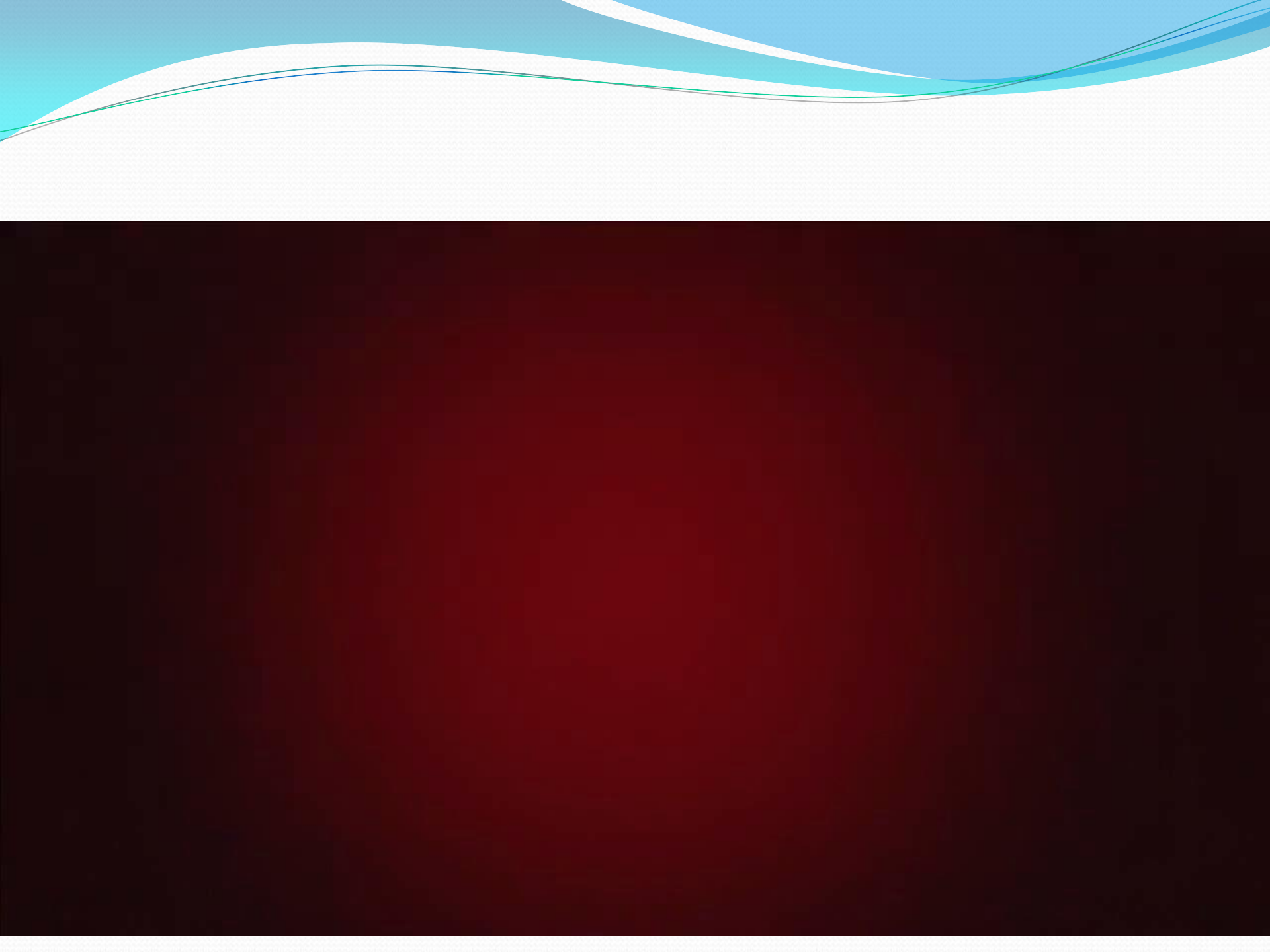
Wider
Spectrum

**Improving
Equipment**
is important



Dynamic Boccia

Why is Boccia so dynamic?



Moveable Jack Dynamic



Spectator
excitement



Athlete
Anxiety/Fear

Intellectual Sport Tactics



Creativity



Autonomy



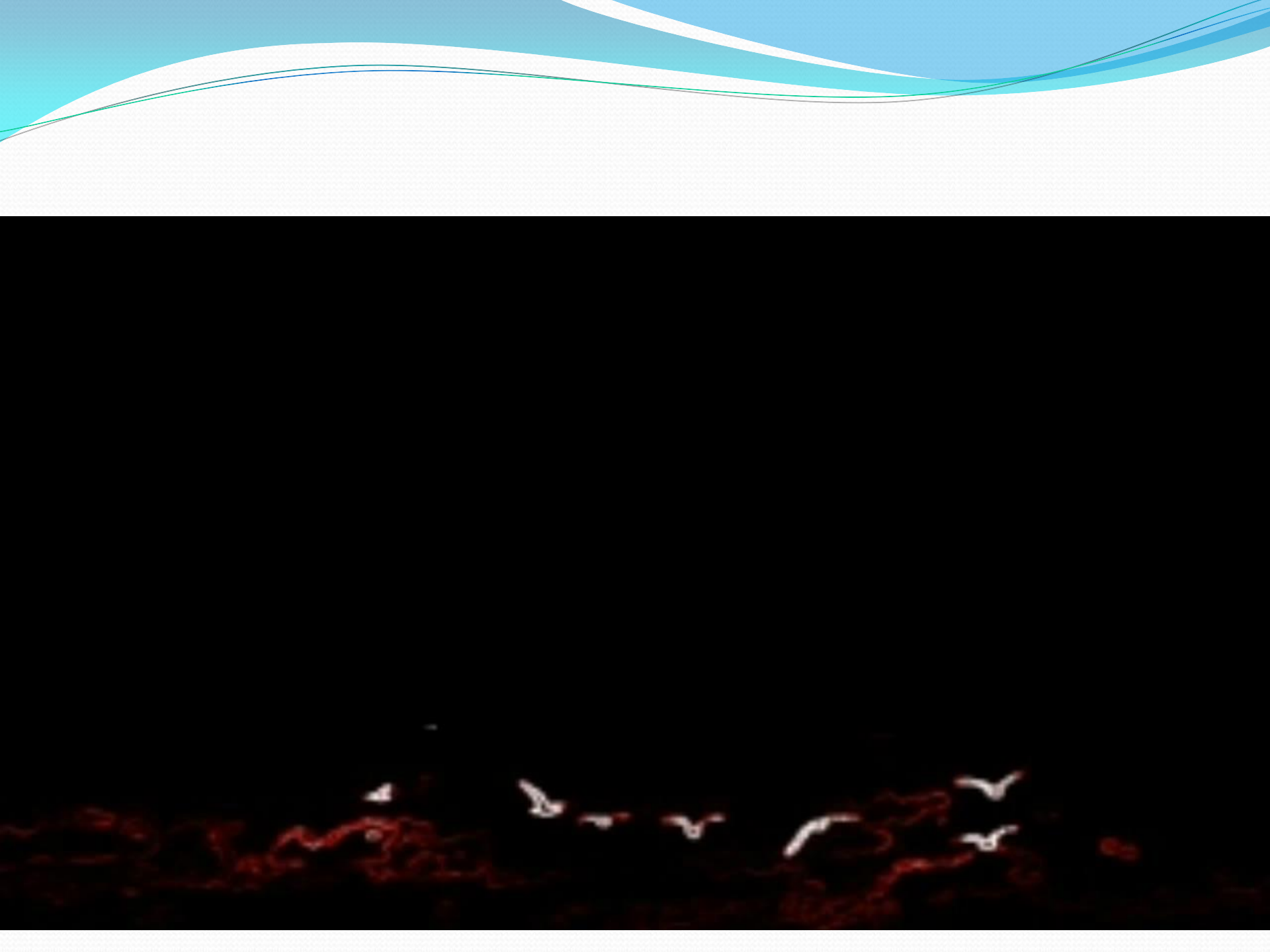
Another Merit of Boccia

We can enjoy Boccia

All together

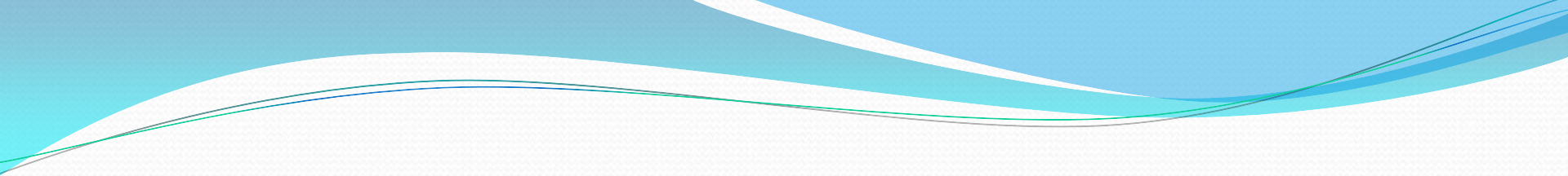
regardless of

age, sex, disability





***What makes us so excited
in **Boccia**?***





Did you watch the matches at the venue in 2012 London PG?



No – I watched on the television, and I cried, because I had no idea at all that there was a sport which I could do.



Boccia Sports Identity

Precision
Sport

The diagram features a light gray background with a decorative wavy blue and teal border at the top. On the left, two blue circles are stacked vertically. The top circle contains the text 'Precision Sport' and the bottom circle contains 'Tactics Sport'. A light blue plus sign is positioned between these two circles. To the right of the plus sign is a light blue arrow pointing towards a large teal-to-blue gradient circle on the right, which contains the text 'Mind Sport'.



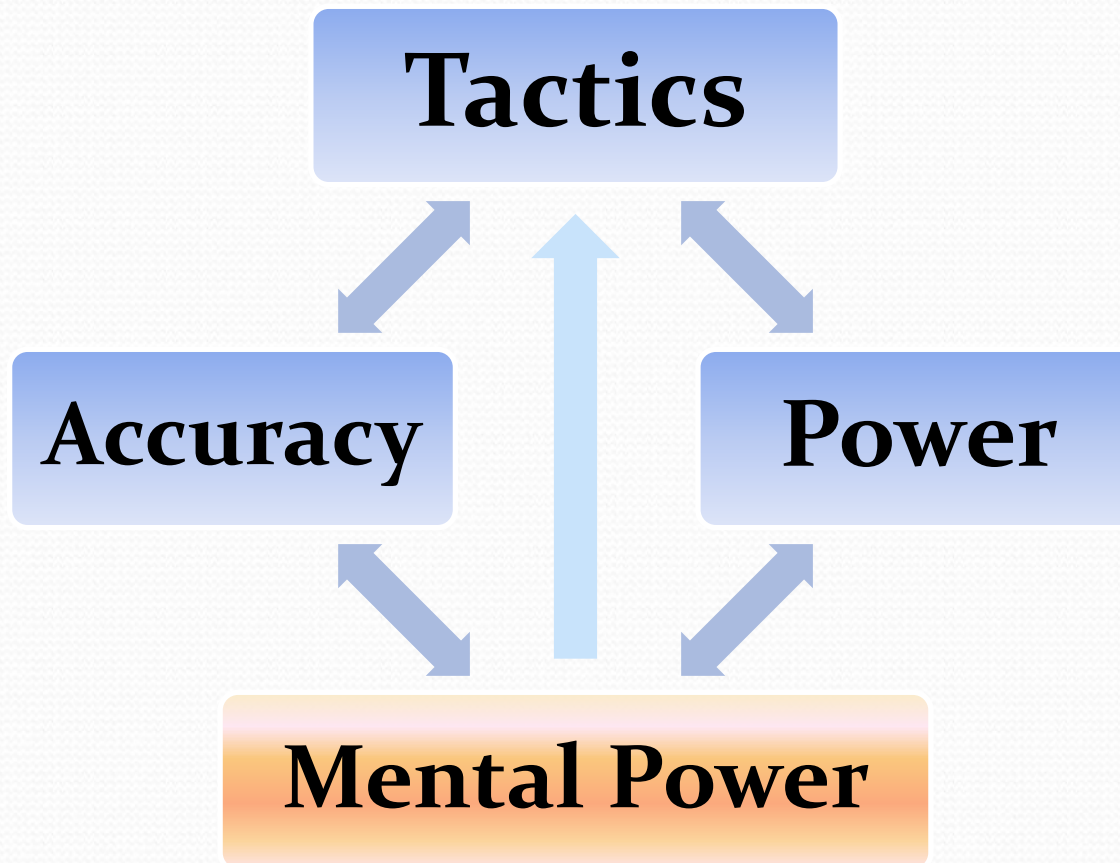
Mind
Sport

Tactics
Sport

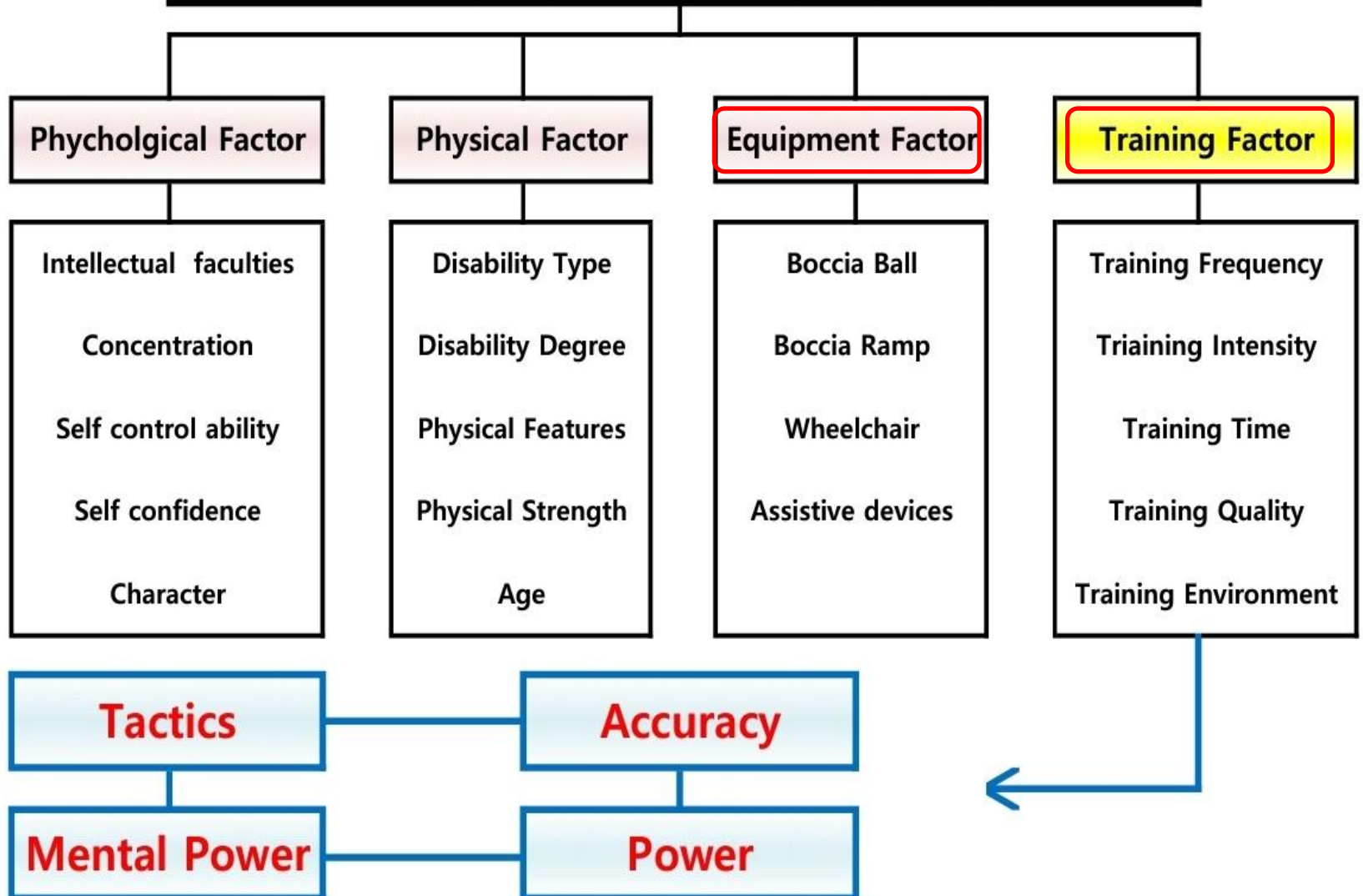


**How can we improve
Boccia ?**

Boccia Performance Factor



Boccia Performance Determinant

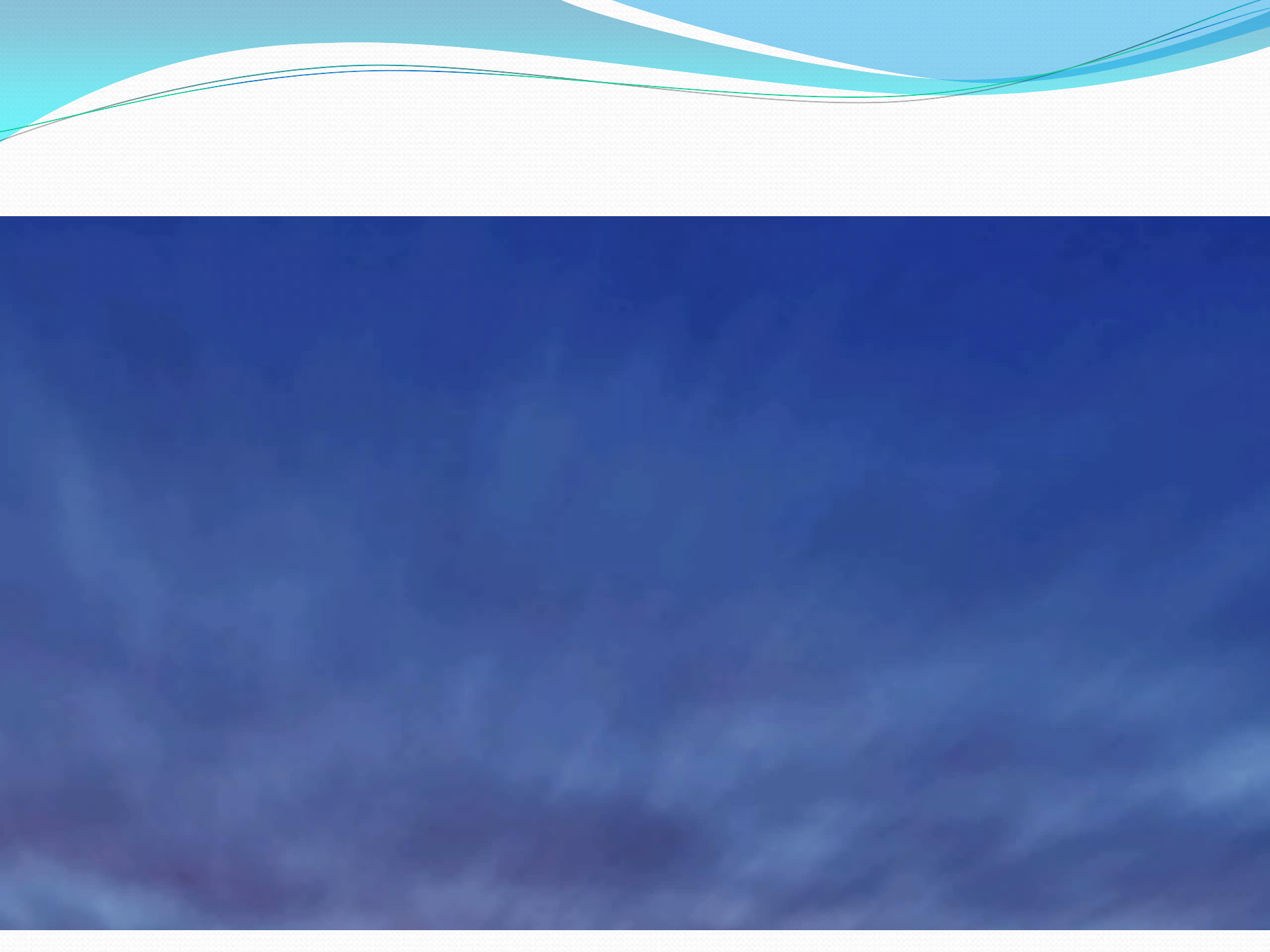




**We need to use
Universal Terminology
for **communication**
and **Analysis****

Boccia Shot Type

	Terminology	Abbreviation	Speed	Description
1	Approaching Shot	AS	Low	deliver the ball to Jack or other target
2	Blocking Shot	BS		block the opposite side's route for the defence
3	Pushing Shot	PS	Middle	push the ball into a target area
4	Ricochet Shot	RS		A shot played to rebound off a ball into a scoring zone
5	Knock Off	KO	High	smash the ball away from the specific target
6	Lobbing Shot	LS		An aerial shot played to move a target ball by attacking over a ball
7	Roll Up	RU		A shot with the intension of playing the ball and it remaining on top of another ball
8	Skipping Shot	SS		An aerial trajectory shot aimed at bouncing over a barrier ball to reach a specific target



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BISFed Official Terminology of Boccia Shot

	Terminology	My Term	Description
1	First Ball		First ball delivered after the Jack
2	Placement	Approach	A shot played to deliver a ball in a specific area
3	PUSH ON	Push	A shot in which the player pushes own ball closer into a target area
4	PUSH OFF		A shot in which the player pushes opposition ball away from the specific target
5	SMASH	Knock Off	Predominantly power shot along the ground
6	RICOCHET	Ricochet	A shot played to rebound off a ball into a scoring zone
7	BOUNCE OVER	Skip	An aerial trajectory shot aimed at bouncing over a barrier ball to reach a specific target
8	ROLL ON TOP	Roll Up	A shot with the intention of playing the ball and it remaining on top of another ball
9	ROLL UP AND OVER		A shot with the intention of the ball rolling up and over
10	LOB	Lob	An aerial shot played to move a target ball by attacking over a ball
11		Block	block the opposite side's route for the defence

Some of you may want me
some **secret** of **magic**
to develop Boccia in very short time



Some of you may want me
some **secret** of **magic**
for Perfect Bocchia Shot or Bocchia Ball



**After 17 year' s Coaching and
6 year' s engineer career,
My conclusion is...**

**There is no Perfect Shot
and Perfect Ball
in BOCCIA**

3 Conditions for Perfect shot

Perfect Shot Skill (Aiming skill)

Perfect Round Ball

Perfect level court

imperfctet
Ball

A diagram illustrating the concept of an imperfect shot. It features two blue circles on the left, each containing the text 'imperfctet' in yellow and a noun in white. A plus sign is positioned between the two circles, and a large blue arrow points from this combination to a green oval on the right. The oval contains the text 'Imperfect' in yellow and 'Shot' in white. The background is light gray with blue wavy lines at the top.

+

imperfctet
Court

Imperfect
Shot

imperfctet
Ball

+

Overcome

Speed
Power

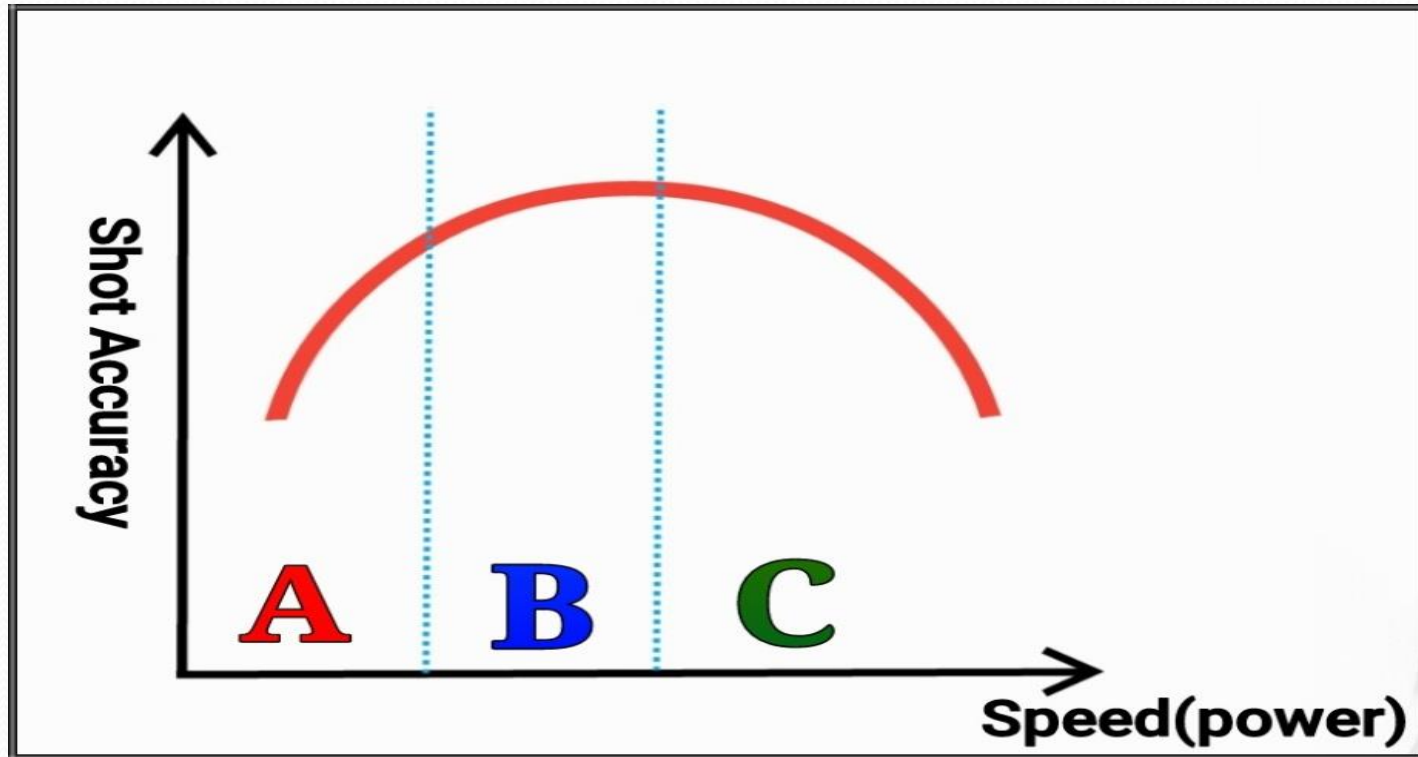
imperfctet
Court



The Process to make success shot
from **inaccurate shot**
and **imperpect ball**

Tactics

Boccia Shot Accuracy's Law for thrower

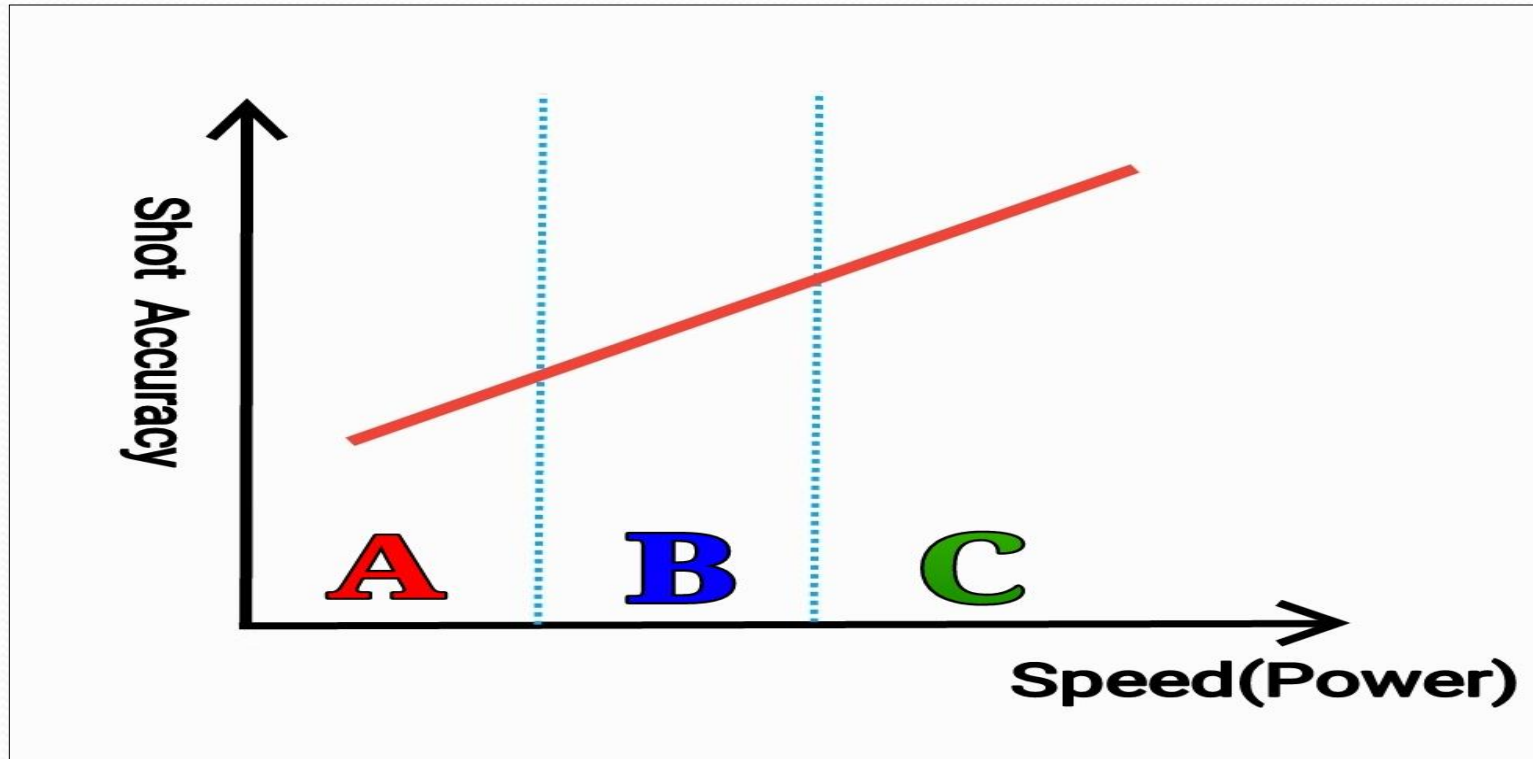


A Zone : Approaching Shot, Blocking Shot

B Zone : Pushing Shot, Knock off(weakly)

C Zone : Knock Off(strongly)

Boccia Shot Accuracy's Law for BC3



A Zone : Approaching Shot, Blocking Shot

B Zone : Pushing Shot, Knock off (weakly)

C Zone : Knock off

Making a Good Relationship between athlete and coach

Mutual Trust

Common Goal and dream

Be grateful each other

To be a Good Boccia Coach

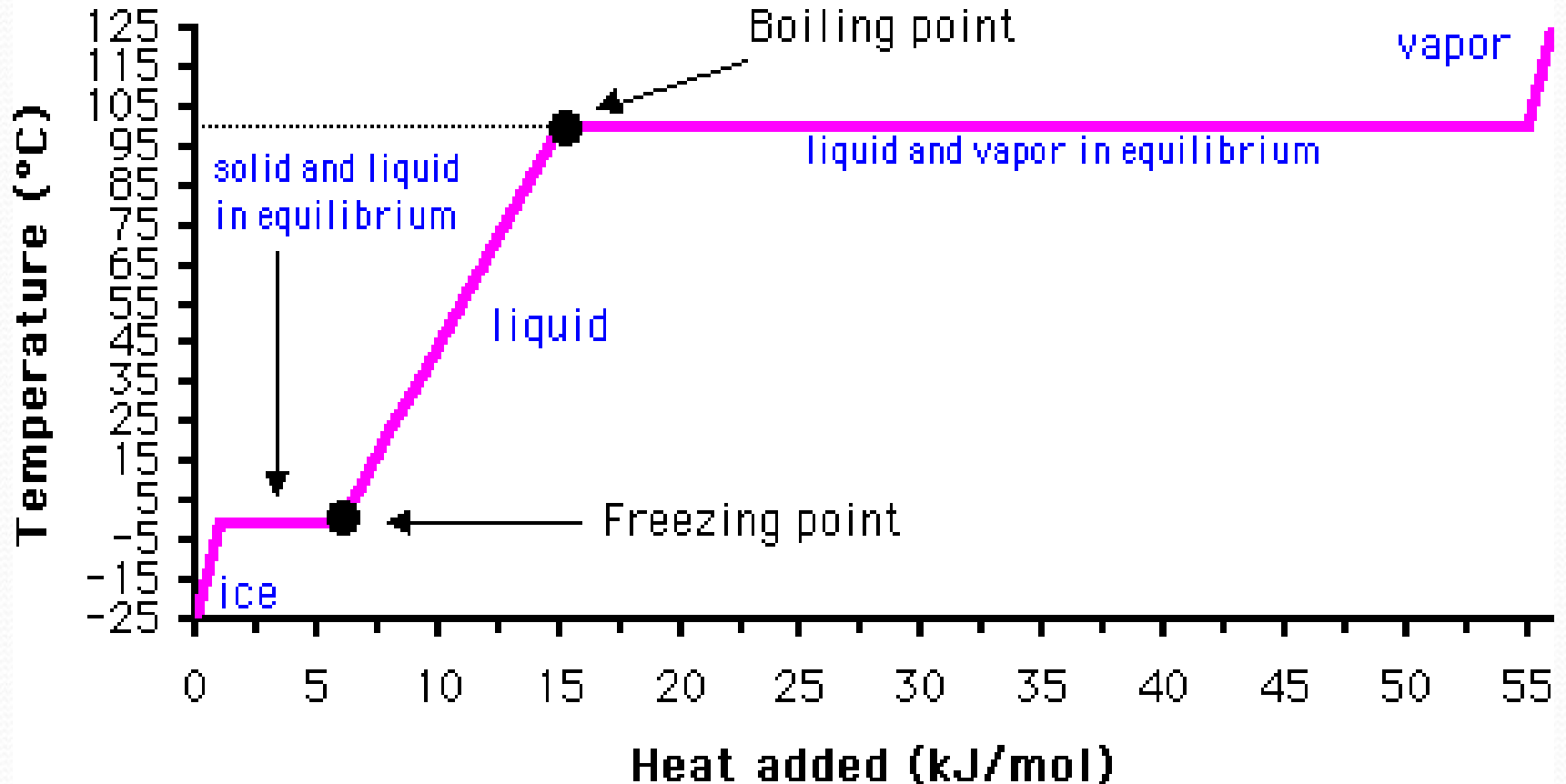
Be the good friend to your athlete


Be the good observer and analyst

Practice Boccia like an athlete

Boiling Point

Heating curve for water






“Many of life’s **failures are
People who did not realize
how close they were to success
when they gave up”**

- Thomas Edison

**“It is not the strongest of
species that survive,
nor the most intelligent
that survives.
It is the one that is most
adaptable to change”**

Charles Darwin
“the Origin of Species”



**“It is not the strongest of
athlete that succeeds,
nor the most intelligent
that succeeds.**

Only athlete who **never stop challenging
finally succeeds”**

- CheolHyeon, Kwon



**A true friend is one who overlooks your failures
and tolerates your success.**